



Consecration in Truth®

# Family Catechesis

Educates adults in the truths of the faith and empowers them to lead their families in learning and living the faith. Taught by Roman Curia Cardinal Francis Arinze.



## Discussion Guide 1A God and His Perfections (Questions 1-8)

### The Apostolate's Family Catechism™

#### Opening Prayer (5 min.)

Gospel Reading (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be or with Q# 7 Summary Prayer. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

#### Discussion and Sharing on The Apostolate's Family Catechism (40 min.)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video Q# 1-3 (6 min.), Q# 4-5 (7 min) and/or Q# 6-8 (6 min). Discuss.
- Read Q# 1-8 aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" and the "Thought Provokers" related to Q# 1-8, found at the end of **Chapters 1 and 2.**

#### Closing Prayer (10 min.)

It is important to develop a prayer life. Families can encourage this by having a common time and place for family prayer. One of the traditional prayer methods is called Mental Prayer.

Go step-by-step through the "Ten Steps to Mental Prayer".

End by praying the **Chapter 1** Summary Prayer.



### Liturgical Calendar

Virtue of the Month: Humility

- Season: Ordinary Time
- Upcoming Sunday Readings:  
First Reading Isaiah 55:6-9  
Second Reading Philippians 1:20C-24,  
Gospel Reading Matthew 20:1-16A<sup>37A</sup>
- Significant Feast Days this Week:  
St. Matthew, Apostle [9/21]  
St. Pio of Pietrelcina (Padre Pio)  
[9/23]



### Scripture Memory Verse

Take turns reciting or reading at family meals

#### John 17:15-17

I am not asking you to remove them from the world, but to protect them from the evil one. They do not belong to the world any more than I belong to the world. Consecrate them in truth; your word is truth.



### Optional Family Activity

#### Prayer Area

Make a prayer area in your home. You can include the following items:

- Crucifix
- Candle
- Rosary
- Statue
- Bible

Commit to saying a daily family evening prayer in this area.

#### Nature Walk

Take a nature walk together. Give each person a chance to identify at least one thing that shows the goodness of God.