

Family Catechesis

Educates adults in the truths of the faith and empowers them to lead their families in learning and living the faith. Taught by Roman Curia Cardinal Francis Arinze.



Discussion Guide 19A

Sacraments and Sacramentals (Questions 190-192, 198-200)

The Apostolate's Family Catechism™

Opening Prayer (5 min.)

Gospel Reading (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Recitation of Memory Verse (5 min.)

Ephesians 6:12 For we are not contending against flesh and blood, but against the principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness in the heavenly places.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 190-192, 198-200** (12 min.). Discuss.
- Read **Q# 190-192, 198-200** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the "Doctrine, Moral, Worship Exercises" at the end of **Q#192** and the "Thought Provokers" related to **Q# 190-192, 198-200** at the end of **Chapters 55 and 57**.

Closing Prayer (10 min.)

Go step-by-step through the Ten Steps to Mental Prayer.

End by praying the **Chapter 57** Summary Prayer.



Liturgical Calendar

- Season: Ordinary Time
- Upcoming Sunday Readings:
First Reading Wisdom 6:12-16
Second Reading 1 Thessalonians 4:13-18
Gospel Reading Matthew 25: 1-13
- Significant Feast Days
Dedication of Lateran Basilica
St. Martin of Tours
St. Francis Xavier Cabrini



Scripture Memory Verse

Take turns reciting or reading at family meals

Ephesians 1:3-4

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, even as he chose us in him before the foundation of the world, that we should be holy and blameless before him.



Family Activity

Sacramental Inventory

As a family, children first, list all the holy pictures, jewelry, rosaries, etc., you have in your home to help you draw closer to Christ. Is there a need for more holy objects in your home?

Has your house been blessed? If not, set up a time with your pastor or his delegate to come and bless your home.